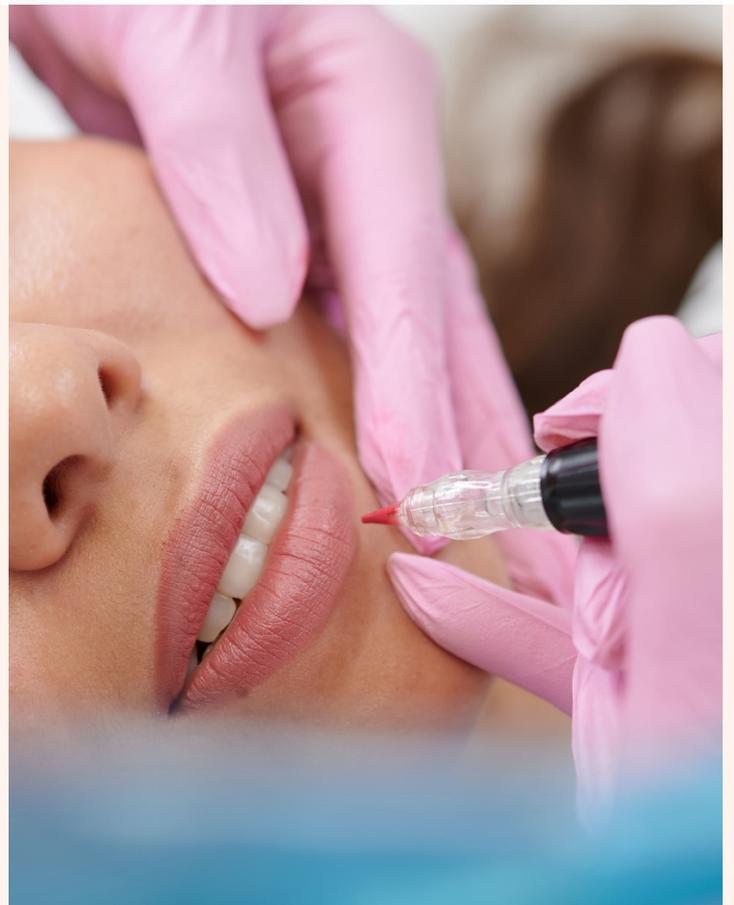


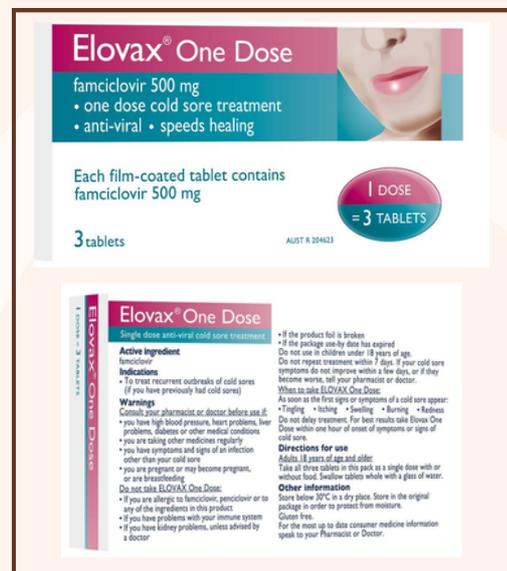
O'SOME BROWS

BEAUTY • COSMETIC TATTOO ING & ACADEMY



PRE-CARE FOR LIP BLUSH AND LIP NEUTRALIZATION.

The following restrictions are to ensure your client's skin is in the best possible condition for an amazing micropigmentation results.



Antiviral medicine pictured above, can be purchased over the counter at the chemist. If you have history of cold sore or herpes pls take take antiviral medication to prevent the coldsore

- Please do not work out the day of the procedure because body heat opens pores.
- Avoid heavy sunlight.
- Do NOT drink coffee or anything with caffeine the day of the procedure.
- Do NOT take Aspirin, Niacin, Vitamin E, and/or Ibuprofen, Omega 3, unless medically necessary.
- Do NOT take blood thinners.
- Do NOT drink alcohol or energetic drinks 24 hours before the procedure.
- Gentle exfoliate your lips and start applying the Vaseline on 3-4 nights prior to the treatment if you have rough, dry or flaky lips as dry lips doesn't hold the pigment well.

POST-CARE



- On the first day, gently remove lymph fluids with dubbing motions, with a moist cotton pad every two hours; this will help avoid thick scabbing.
- Keep your lips SLIGHTLY moist with non-petroleum ointment A&D, and protected from UV exposure.
- Don't eat spicy, acidic foods and drinks for the next 3 days
- Don't any facial treatments or sauna for 2 weeks
- Don't use makeup on the tattooed area for 5-7 days
- Don't work out (intense) for 3 days
- Don't pick at or scratch your lips
- Don't wet, lick or bite your lips until the lips have fully peeled
- Don't kiss until lips have fully healed
- Don't use whitening toothpaste until lips have fully healed

MAINTAINENCE

After lips are fully healed, usually 2 weeks, its recommended to apply oitment A&D daily. Home care also includes using sunscreen.



Sunscreen is the single most important factor in improving most causes of hyperpigmentation. Look for:

- a physical blocking sunscreen, preferably with zinc oxide as the main active ingredient at least an SPF 30 to 50 broad spectrum coverage
- Use a sunscreen daily. Reapply it every 2 hours if you're out in the sun more frequently if you're sweating or swimming.